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# HEALTH

## SECONDARY LEVEL

### Five Days for Freedom Campaign

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- **Purpose:** The purpose of this activity is to provide students with an outlet for action by engaging them in Free The Children's Five Days for Freedom campaign.
- **Instructional method(s):** class discussion
- **Differentiated instruction:**
  1. Simplified: Teacher guides the students, prompting them with questions and ideas for the campaign.
  2. Advanced: Allow the students to lead the discussion and determine what actions to take for the campaign.
- **Estimated time:** 25-30 minutes
- **Steps:**
  1. Ask students to reflect on all they have learned throughout the lesson.
  2. Explain to them that Free The Children's Five Days for Freedom campaign is a call to action, a tangible way that they can fundraise and raise awareness to protect children's freedoms around the world.
  3. Following this group work, further introduce the campaign by viewing the videos on the following websites:
    - Five Days For Freedom <http://www.fivedaysforfreedom.com/>
    - Free The Children's YouTube or TeacherTube channel "It's Not Charity" - <http://www.youtube.com/watch?v=ZJjSYkGi1dk&feature=relmfu> or [http://www1.teachertube.com/viewVideo.php?video\\_id=210849&title=It\\_s\\_Not\\_Charity\\_Kenya](http://www1.teachertube.com/viewVideo.php?video_id=210849&title=It_s_Not_Charity_Kenya)
  4. Divide the class into small groups and distribute campaign resources to each group: Five Days for Freedom Action Guide, Freedom 101 Guide, and Freedom Fest Guide. Allow them five minutes to sort through the resources.
  5. Gather the students attention and ask them the following suggested questions about the Five Days for Freedom campaign:
    - Why is this campaign important?
    - What are the goals of this campaign?
    - How can we use this campaign to help free communities from disease?
    - How can we use the knowledge learned during the course of this lesson to support our campaign initiatives?
    - What are the steps to take to participate in this campaign?
    - What do we want to achieve by the end of the campaign?
  6. Following this discussion, have students turn to the Five Days For Freedom Action Guide and determine an action plan for their campaign.