



LOCAL HUNGER

ELEMENTARY LEVEL

Hunger Webs Activity

Orientation Activity

- **Purpose:** the purpose of this activity is to explore hunger issues.
- **Instructional method(s):** group work, class discussion.
- **Differentiated Instruction:**
 - The classroom teacher creates the hunger web, as students volunteer suggestions.
- **Estimated time:** 20-25 minutes
- **Steps:**
 1. Ask students to get into groups of four and distribute chart paper to each group.
 2. Explain to students that they will be creating a “hunger web”, which will list all of the words, statements, and facts that they associate with hunger (e.g.: starvation, money, nutrition, etc.)
 3. Each group must write the word “hunger” in the center of the page and draw a circle around it. They must then write their ideas around the circle, joining them by a line, thus creating a web.
 4. Once the groups have completed their hunger webs, ask each group to present their work to the class.
 5. Following this exercise, lead a group discussion about food and hunger, using the following suggested questions:
 - How is hunger defined?
 - What symptoms do people experience when they are hungry? (e.g.: fatigue, bad mood, anxiety, low energy, etc.)
 - How does hunger affect an individual’s daily life? (e.g.: impacts on health, absences from work/school, less energy to study, etc.)
 - What are some of the reasons why a person in your community would go hungry?
 - Is there anything that we can do in our community to help people that are experiencing hunger? What are these things?
 - Thinking about these things we already do in our community, where do you still see areas of need? What more can we do?
 6. Before concluding this activity, ensure that students have a thorough understanding of the causes and effects of hunger.
 7. Display the hunger webs around the room.

Support students in ending local hunger. Participate in Free The Children’s Halloween for Hunger campaign. Learn more at www.weday.com/takeaction.